

The evolving landscape of gene therapy for congenital severe hemophilia: a 2024 state of the art

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Key words: adeno-associated virus gene therapy; person-reported outcomes; laboratory monitoring; emicizumab; extended half-life products.

Contributions: Gaia Spadarella and Ilenia Lorenza Calcaterra equally contributed to the present paper.

Conflict of interest: GDM speaker or a member of a speaker bureau for: BioMarin, Bayer, CSL Behring, Roche, Takeda, Viatrix Pharmaceuticals; consultant or ad-hoc speaker/consultant for: BioMarin, Bayer, Pfizer, Takeda, Viatrix Pharmaceuticals. PS: Grant/Research support from: CSL Behring. GC: Grant/Research support from: CSL Behring, Pfizer, Sobi, Consultant for: blynx, Alexion, Bayer, Takeda, CSL Behring, Novo Nordisk, Pfizer, Roche, Sanofi, SOBI, uniQure (Membership on an entity's Board of Directors or advisory committees), Speaker Bureau of: Bayer, Roche, Sobi, Grifols, Novo Nordisk, Werfen, Kedrion. RDC: Speaker Bureau of Bayer, Sobi, CSL Behring, and Takeda, CS: speaker or a member of a speaker bureau for: Bayer, CSL Behring, Novo Nordisk, Takeda; consultant for: Bayer, Novo Nordisk, CSL Behring, Sobi, Roche, Biomarin, Takeda, Kedrion; FP: speaker or a member of a speaker bureau for Grifols and Roche, on advisory boards for Sanofi, SOBI, Takeda, Roche, and BioMarin; MDM: grants and honoraria from Sobi, Pfizer, Bayer, Novo-Nordisk, Takeda, Roche, and Daiichi Sankyo. GS, and ILC, declare no interests which might be perceived as posing a conflict or bias.

Acknowledgements: the authors wish to thank Maria Tommasi and Daniele Vecchio for helpful discussions.

Availability of data and material: data and materials are available by the authors.

Informed consent: the manuscript does not contain any individual person's data in any form.

Received: 21 June 2024.

Accepted: 27 June 2024.

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Bleeding, Thrombosis and Vascular Biology 2024; 3:144

doi:10.4081/btvb.2024.144

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ABSTRACT

Despite major advances in prophylaxis, no repeated dosing regimen with currently employed extended-half-life or non-factor products replaces the advantages of a long-term cure in persons with severe congenital hemophilia A and B (HA, HB). They indeed live with the risk of breakthrough bleedings, and treatment is still invasive, both physically and psychologically. Early studies showed that adeno-associated virus-based *in vivo* gene therapy (AAV-based *in vivo* GT), could convert haemophilia persons from a severe to mild a phenotype for years. However, the proportion of the hemophilia population likely to benefit from this transformative strategy was uncertain. Current evidence is expanding the eligibility criteria, and helps to predict risks, complications and unexpected side effects of this advanced treatment. Thus, among future options, AAV-based *in vivo* GT is likely to become the treatment of choice in HA and HB, if real-life data confirm its negligible short-term adverse events. However, while the global use of AAV-based *in vivo* GT is endorsed as a key objective of future studies in hemophilia, the liberating capability of a potentially one-off treatment on individuals with chronic diseases for whom lifelong cure has been inaccessible so far remains to be thoroughly recognized by government bodies. This is critical for reimbursement agencies to absorb the cost of *the cure* and calls for a partnership between health care systems and the pharmaceutical industry. However, bridging the gap between the costs of the advanced treatments approved for commercialization and their readiness to persons with HA and HB is still a challenging task.

Introduction

Thirty-two advanced therapeutic medicinal products (ATMPs), based on cell or gene therapy (GT) sometimes in combination, are presently approved for commercialization in Europe and the United States of America. Eleven out of them provide new

historical options for severe single gene hematological (e.g., hemophilia) and non-hematological chronic diseases for which life-long cure had been inaccessible so far.¹ This milestone in modern science is the result of major events in the past half-century: a) the understanding of basic virology; b) the imperative for translational impact of NIH-funded research; c) public investments in molecular genetics; d) developments in genomic technologies, and e) developments of economic models for commercialization of rare disease medicines.^{2,3} Due to the long-term transgene expression, the ease-of-use, and the preclinical safety and efficacy data, recombinant second-generation adeno-associated virus (rAAV) vectors emerged as the most safe and efficient mode to correct inherited single-gene defects in nondividing cells.⁴ The extensive knowledge of a virus in long-term symbiosis with its human host has further boosted the possibility of using rAAV for long-term gene transfer in humans.^{5,6}

Over the last decades evidence has been gathered that, with AAV-based *in vivo* GT, severe congenital hemophilia A and B (HA and HB) could substantially progress from a severe to a mild phenotype for years.⁷ This lends credence to the possibility that, among future options, AAV-based *in vivo* GT will become the treatment of choice in hemophilia. However, how wide was the spectrum of persons with HA and HB who could benefit from this treatment modality remained largely unclear.⁸ Newer data in the last 3–4 years addressed issues concerning the eligibility criteria to expand the indications of the rAAV-based *in vivo* GT, the predictability of the response, the possibility to re-administer rAAV vectors, and have documented short-term side effects and potential long-term complications, including the risk of vector integration.

Unmet needs in the current treatment of hemophilia A and B

Traditionally, persons with HA and HB have been managed with on-demand replacement of the deficient protein (or with bypassing agents) to prevent or treat acute bleeding episodes. In the '90s of the last century (approximately when *in vivo* GT for hemophilia was conceived), life-long *intravenous (IV) prophylaxis with plasma-derived or recombinant standard half-life (SHL) FVIII/IX products* initiated after the first recognized joint/muscle bleed – e.g., at 1–2 years of age – to maintain circulating plasma FVIII/IX levels $\geq 1\%$ of normal⁹ was the gold standard for bleeding prevention in high-income countries.¹⁰ A marked reduction in bleeding frequency, and in joint bleed,¹¹ and an improved quality of life (QoL) in persons with severe (and some with mild/moderate) hemophilia was observed in Western Countries,^{12,13} and life expectancy for persons with HA and HB became comparable to that of males without hemophilia.^{14–16} However, prophylaxis has a variety of shortcomings,^{17–19} and its burden is high. Physical, logistical,²⁰ psychological,^{21–24} and economic shortcomings are critical for some persons with hemophilia (PWHs), and painful repeated infusions significantly impact treatment adherence in children.^{25,26} Although early joint damage has been seen also in highly compliant HA and HB persons on prophylaxis since childhood,²⁷ *hemophilic arthropathy* is usually correlated with poor adherence to prophylaxis, low trough levels and breakthrough bleeds.^{28–32} Bleeds causing joint damage, pain, disability, and reduced QoL may also occur with sports.^{18,33–37} Joint bleeding is the

leading cause of morbidity in HA.^{38,39} Uncontrolled repeated and untreated (micro)bleeds can progress to arthropathy. Even a single episode of joint bleeding can cause irreversible damage and foster new local bleedings leading to severe arthropathy.⁴⁰ Joint changes are marked by pain, functional impairment, and progressive loss of function (ankyloses) with poor mobility.⁴¹ Deformity, and functional impairment lead to isolation, anxiety, and depression,^{23,24} and negatively impact social relations, participation,^{21,22,24,42–44} and sex life.⁴² *Pain* in PWH is a pervasive often under-recognized problem,^{41,45} that hampers the possibility to be socially active.²⁵ Reports argue for: a) more than 85% of PWH having suffered from pain over a period of the last six months; b) up to 89% of PWH stating that pain interfered with activities in daily life function;⁴⁶ c) acute pain being primarily driven by frequency of bleeding in target joints and chronic pain by joints with a low range of motion,⁴⁷ and d) $\approx 50\%$ of PWH sustaining chronic pain.⁴⁸ By promoting depression and anxiety,⁴⁹ chronic pain adversely impacts medication adherence and QoL.⁴⁵ Because of pain and motion limitations,⁵⁰ both physical and mental health-related QoL is compromised in PWH,^{21,22} major drawbacks being related to discomfort ($\approx 70\%$), poor mobility ($\approx 60\%$), restrictions in usual activities ($\approx 50\%$), anxiety/depression ($\approx 50\%$), and self-care ($\approx 20\%$).²² On the other hand, because of visits, hospitalizations, and drug treatments, direct costs of day life are higher in PWH with than in those without arthropathy.²² Indirect costs (loss of school days and parental/caregiver engagement, low work productivity, high absenteeism, early retirement) should be also considered.⁵¹ Thus, PWH may face more financial concerns than the general population.^{49,52} Accordingly, person-relevant (e.g. annual infusion rate, pain, mental health status) and person-reported outcomes (e.g. well-being, physical health, physical activity, sport participation) show a poor QoL in most PWH.^{23,53} *Inhibitor formation* – the most common and severe complication in PWH on prophylaxis – is due to the development of neutralizing antibodies to therapeutically administered FVIII/FIX.^{54–56} Compared to inhibitor-free PWH, those with high-titer inhibitors have a worse joint status and QoL, and higher mortality and morbidity related to major limitations (e.g., effectiveness) of replacement options.^{38,57} Finally, in high-income countries, due to the very *high cost of prophylaxis* in hemophilia care, objective measures of health were needed both in children and adults to evaluate whether this strategy was worth its cost.⁵⁸ Being highly expensive even in countries with national contract negotiations, prophylaxis with SHL factor concentrates to reduce mortality and improve QoL was beyond the means of many PWH across the world.^{59,60} In these settings, treatment is still the same it was one century ago.¹³ Drawbacks in persons with inhibitors,⁶¹ and hurdles of access in low-income countries pushed the search for alternatives to SHL FVIII/IX products in PWH.

FVIII/IX products with extended half-lives (EHL) allow for less frequent venipunctures to achieve zero bleeding (the current gold standard of prophylaxis).¹⁸ Half-lives of EHL concentrates currently employed for the treatment of persons with HB range 82–111 hrs. Thus, a once-weekly administration of an EHL concentrate converts persons with HB to a mild phenotype. On the other hand, by targeting 1.5–1.7-fold higher trough levels than SHL products, twice weekly intravenous (IV) injections of *EHL FVIII products* convert persons with HA to a moderate phenotype.^{62,63} All in all, by reducing the number of infusions, *EHL FIX/FVIII products* enable more flexible treatment regimens, and improve individualization, efficacy and treatment adherence

to handle the risk of bleeding. However, prophylaxis with EHL products still requires frequent IV administration. This leads to peaks-and-troughs in factor levels. Moreover, clotting factors concentrates administration requires considerable time commitment and is tough when using a fistula. The need to replenish the drug supply implies the regular pick up of the medication and/or to be home to receive it. Ensuring suitable medical supplies, attending fixed clinical visits to update treatment, and moving with large amounts of products are key issues during travel or holidays, and significant logistical limitations.²⁰ When multiple injections are needed, establishing and maintaining a routine treatment may be awkward in PWHs.²⁶ The impact of extensive venous damage should be also considered.²⁴ Finally, PWH are aware that there is a wide variability in the minimal factor levels needed to achieve an annualized bleeding rate (ABR) of zero, the cogent objective of personalized prophylaxis.⁵³ They also know that bleeding protection is not *physiologic* when employing prophylaxis: indeed, despite repeated infusions to maintain safe circulating factor levels, troughs (and, in turn, bleeds) are expected when using SHL as well as EHL products.²⁸⁻³⁰ Accordingly, both in clinical trials for drug registration and in real-life reports, not all persons receiving prophylaxis with EHL FIX/FVIII products achieve zero bleeding.¹⁸ While no real-life data on adverse drug reactions (ADR) are available as to prophylaxis with EHL FIX products for HB, the EudraVigilance 2021 retrieved 275 hemorrhagic (including intracranial, hemarthroses, hematomas, gastrointestinal, and post-procedure) during a year of observation of the post-marketing assessment of EHL FVIII products.⁶⁴ The report also enlists 9 thrombotic events associated with the use of EHL FVIII products in HA persons (4 arterial and 3 venous thromboses for emfocotocog alfa; 1 arterial thrombosis for turoctocog alfa pegol, and 1 consumption coagulopathy for damoctocog alfa pegol). In some of these events, eptacog alfa (activated), octocog alfa, or emicizumab had been used along with the EHL product.⁶⁴

The subcutaneous (SC) administration – every week, every two weeks or once every 4 weeks – of the FVIII-mimetic agent emicizumab reduces spontaneous and target joint bleedings and converts PWHs with HA from severe to a mild phenotype.^{65,66} Weekly SC injections of emicizumab are both FDA and EMA approved in adults and children to prevent/reduce the frequency of bleeds in HA persons regardless of the presence of inhibitors.⁶⁷ However, zero bleeding is not achieved in all persons using emicizumab.^{65,66} During a year of observation in the post marketing assessment of ADRs, the EudraVigilance 2021 report retrieved 232 hemorrhagic ADRs (104 being severe bleeds), 14 arterial and 8 venous thromboses, 1 thrombotic microangiopathy, 1 consumption coagulopathy.⁶⁴ Among the 24 thrombotic ADRs, 6 occurred when eptacog alfa (activated) and 2 when FVIII concentrate was used along with emicizumab.⁶⁴ At emicizumab approval for clinical use, a black box alert on thrombotic microangiopathy and thromboembolism had been issued by the FDA.⁶²

Adeno-associated virus-based gene therapy in hemophilia

Efficacy and safety data

A survey covering over 140 clinical trials of AAV-based gene therapies and involving more than 3000 persons treated for

more than 20 years documents – like in long-term follow-ups in animals⁶⁸ – the effectiveness and the limited toxicity of treatment with systemically infused rAAV vectors.⁶⁹ AAV genomes replicate extra chromosomally (*i.e.*, they persist primarily as episomes), and cause negligible short-term adverse events (self-limited fever, myalgias, and/or hypotension) within the first month after AAV administration.^{70,71} In 21% of the trials, low-grade adverse events were detected. Increase in alanine aminotransferase (ALT) levels, occurring in high dose [$>10^{13}$ vector genomes per kg (vg/kg) of body weight] systemically (mostly IV) administered cohorts, was first detected in persons with HB undergoing GT.⁷² No preclinical model helped to predict this hepatotoxic event – attributed to vector and transgene-specific T-cell responses against AAV-transduced hepatocytes – that had a positive response to corticosteroid administration.⁷²⁻⁷⁵ No sign of liver toxicity of a systemic rAAV *in vivo* administration emerges from long-term (up to 15 years) information in 4 adults with severe HB who participated in the first in-human trial of systemic IV AAV delivery.⁷⁶ Like in the first AAV-based *in vivo* GT study in HB with the rAAV2 vector,⁷² studies with rAAV8 (a vector with a stronger hepatic tropism than rAAV2), and with rAAV5 [the serotype with the lowest prevalence of neutralizing antibodies (Nabs) to AAV vectors in the general population]^{77,78} document dose-dependent cytotoxic T-cell response against transduced hepatocytes in some persons.^{79,80} This led to lysis of transduced cells (and asymptomatic ALT increase), and loss of transgene expression.⁸¹

In a trial in persons with HA who received a single IV dose of valoctocogene roxaparvovec, an increase in ALT levels was detected in 115/134 participants. Of them, 106 (79.1%) received glucocorticoids (230 days, median treatment duration, range: 22 to 551). Glucocorticoid-related adverse events were reported in 71.8% of participants.⁸² At 2-year data cut, no new safety signals emerged and no treatment- or drug-related serious adverse events occurred.⁸³ In addition to identifying potential factors contributing to interindividual variability of transgene expression, liver biopsies taken up 4 years after GT established successful transduction, and showed no evidence of drug-induced liver injury.⁸⁴ A phase 3 evaluation of the prophylactic use of steroids with valoctocogene roxaparvovec is under way (GENER8-3; ClinicalTrials.gov number, NCT04323098). Less common increase in ALT levels was reported in the HOPE-B trial (NCT03569891) in HB males who received etranacogene dezaparvovec.⁸⁵ Together with mild, asymptomatic increases in ALT levels matching with a detectable corticosteroid-controlled anti-AAV capsid T-cell response,⁸⁶⁻⁸⁸ ALT levels 1.5-to 2-fold higher than the upper normal limit might not be linked with hepatocyte loss,^{89,90} *i.e.*, capsid response and ALT level increase may be independent, parallel events.^{87,90-92}

Supraphysiologic FVIII: C levels (odds ratios: 8.8-21.3) are independent risk-factors of venous thrombosis, mainly in the elderly.⁹³ Because of transgene-derived circulating FVIII activity levels $>150\%$ (upper limit of normal) in some PWH who had undergone AAV-based *in vivo* GT with giroctocogene fitelparvovec (rAAV2/6 SB-525 vector), the study has been paused and the protocol amended. During the pause, a thrombotic event occurred in an infused PWH with upper normal FVIII activity levels and a marked decrease in physical activity.⁶² High, stable (up of 1 year) expression levels of FIX (24 to 168 U/dL at 3 weeks) were also detected after GT in the phase 1 B-AMAZE study using

FLT180a, a AAVS3 capsid carrying a *F9* variant with the Padua gain-of-function mutation.⁹⁴ A participant with a high FIX expression (>200 U/dL) had his arteriovenous fistula occluded.^{95,96}

A major theoretical safety concern of high-dose AAV vector infusion is the risk of genotoxicity leading to cancer.⁹⁷ In the HOPE-B trial (NCT03569891), 54 adult males with HB were enrolled – regardless of a history of hepatitis B or hepatitis C virus infection – to receive a single IV dose of etranacogene dezaparvovec (2×10^{13} gc/kg), comprising a AAV-based rAAV5 vector containing a codon-optimized Padua-variant human FIX transgene, and a liver-selective promoter.⁸⁵ Molecular and vector integration analyses of a case of HCC 1 year after GT, in a participant with a longstanding history of HCV infection, established no relationship with rAAV administration and provided. Using a similar approach, no relationship has been found for the tonsil cancer in a participant in the BAX-335 trial.⁸⁹ Finally, in two persons who had been infused with valoctocogene roxaparvovec 3 and 5 years before for HA and developed a salivary gland carcinoma and a B-cell acute lymphoblastic leukemia, respectively, whole genome sequencing analysis led the Data Monitoring Committee to argue against such malignancies as related to GT.⁹⁸

The safety of AAV vectors was first questioned by a study reporting HCC in mice after systemic delivery of AAV vector to treat mucopolysaccharidosis type VII.⁹⁹ In a subset of tumors in the treated mice, AAV integrations were tightly clustered in the RNA imprinted and accumulated in nucleus (*Rian*) locus on chromosome 12.⁹⁹ This region encodes several regulatory RNAs, including microRNAs.¹⁰⁰ Integration of AAV2 at sites of active transcription had already been documented in mice.¹⁰¹ HCC have been documented in mice with different inborn errors of metabolism several months after neonatal AAV injections and associated with vector integration and overexpression of microRNA-341 proximal to the RNA imprinted and accumulated in nucleus (*Rian*) locus.¹⁰² Systemic administration of AAV vector to newborn mice with growing livers resulted in very high penetrance HCC. Accordingly, the aberrant expression of proximal small noncoding regulatory RNAs induced by AAV vector integration was interpreted as a mechanism for carcinogenesis.⁹⁹ However, no insertional mutagenesis and cancer have been observed in mice receiving *recombinant AAV* (*rAAV* vectors, *i.e.*, those employed in current GT studies).^{103,104}

In dogs and in non-human primates genome microRNA-341 is not present.^{8,105} Low-frequency AAV integration in sites of active transcription has been documented in dogs, together with AAV integration and clonal expansion of cells with insertions near genes associated with growth control.¹⁰⁶ However, no nodule formation or transformation (or abnormal liver function related to AAV administration) has been documented in the 10 years follow-up after transgene delivery to dogs.¹⁰⁷ Single nuclear domains of vector DNA were documented in >10% of hepatocytes that persisted despite the loss of transgene expression. Genomic integration of vector sequences was detected in 1/100 cells at broadly distributed loci that were not in proximity to genes associated with HCC.

Overall, the risk of genotoxicity and cancer remains a concern of high-dose AAV vector infusion. Conclusive information is expected from infants with spinal muscular atrophy receiving high systemic AAV vector doses with a ubiquitous promoter (*e.g.* NCT03306277, Zolgensma®).⁹⁷ Because of the rapid

growth of the liver and the high rates of cellular division, such clinical setting resembles the risk of genotoxicity active in mice following AAV administration.¹⁰²

Expanding the indications of early studies

Given the potential risk of long-term hepatic toxicity of AAV vectors, phase 1/2 GT studies and current phase 3 trials with AAV vectors – alluded to in the previous section – have limited inclusion to HA persons with stable hepatic function and no history of inhibitor formation to therapeutically administered FVIII/FIX.¹⁰² Expanding the indications from the *ideal* persons to be enrolled [PWH under 18 years of age; with less than 30–50 exposure days to therapeutically administered coagulation products; without active hepatitis B virus or hepatitis C virus (HCV) infections or underlying liver disease,^{108,109} without a history of inhibitors to FVIII,^{54–56} and without pre-existing Nabs to AAV vectors higher than a cut-off value], to sub-populations usually found in clinical practice is crucial to establish whether AAV-based *in vivo* GT may provide a potentially uniform progress in hemophilia management.

The prevalence of hepatitis C virus (HCV) infections and of hepatocellular carcinoma (HCC) – that were both elevated among ageing PWH with hemophilia that had received plasma-derived FVIII/FIX products – is expected to decrease in the >90% of people that achieved clearance of the virus from the circulation in response to anti-HCV drugs.^{110–112} In parallel, the burden of fatty liver syndrome – that includes both non-alcoholic and alcoholic fatty liver disease – is progressively increasing in PWH and emerging as a common cause of chronic liver disease.¹¹³ The steadily increasing prevalence of metabolic syndrome and/or of diabetes mellitus in persons with HA and HB,¹¹⁴ is critical for future indications of GT in PWH. The likely progression of fatty liver disease to hepatic fibrosis and liver-related complications is usually assessed via a percutaneous liver biopsy. However, due to the inherent risk of complications of this invasive procedure, and the poor availability of trans-jugular liver biopsy, noninvasive procedures are employed to stratify the stage of the fatty liver syndrome in PWH (Table 1 and Supplementary Material), to predict long-term outcomes, and to monitor responses to diet/drugs.^{115–117}

None of the persons that have undergone GT has developed inhibitors to transgene-derived proteins.² However, in GT studies,⁶² exclusion criteria only allowed for enrollment of PWH with the lowest tendency to develop neutralizing inhibitors to FVIII or FIX (less than 30–50 exposure days to therapeutically administered coagulation products). In keeping with data in humans, no post-GT inhibitor formation has been shown in dog studies (whose hemophilia strongly resembles that of human beings).^{118–122} Moreover, canine data support tolerance to transgene products after long-term FVIII expression by AAV-based *in vivo* GT.¹²³ Amelioration of the phenotype because of inhibitor eradication has also been achieved when an immune response to FVIII was already present.⁷³ These considerations argue for the efficacy of AAV-based *in vivo* GT for tolerance induction in persons with inhibitors.¹²⁴ Emicizumab is the current standard of care to prevent bleeds in persons with inhibitors to FVIII.⁶¹ Its easy use compares well with the treatment burden and costs of Immune tolerance induction (ITI), the former standard of care to eradicate high-titer inhibitors in HA persons.^{125,126} However, the need to use FVIII for

emergency bleeds and surgery and the lack of data on long-term outcomes of emicizumab, argue for restoring FVIII use in young PWHs.¹²⁷ A dose-finding trial in persons with HA and with FVIII inhibitors (NCT03734588) has been completed (February 2024). FVIII doses used to achieve inhibitor eradication in primary ITI courses in persons with HA and high responding (HR) inhibitors,^{128,129} should have provided useful information as to circulating FVIII levels by transgene expression needed for inhibitor eradication in AAV-based GT studies.

Due to natural AAV infections, pre-formed NAb to AAV vectors commonly used in clinical trials, are present in ~30-40% of the general population.¹³⁰ NAb prevent treatment with the same rAAV. Animal data also imply that,¹³¹ NAb against one serotype may cross-react with others making ineffective the serotype switching.¹³² Thus, when high-levels of NAb are present, the benefit of a second administration of the same AAV serotype or switching to a different rAAV vector might be precluded.¹³² Efforts are currently made to mitigate this limitation leading to a *one chance only* therapeutic opportunity.

Pre-existing Nabs to AAV5, up to a titer of 678, were not an exclusion criterion for effective transgene expression in the phase III study AMT-061, NCT03569891 in which 2×10 genome copies (gc)/kg of AAV5 expressing the *FIX* Padua transgene (etranacogene dezaparvovec) were administered to 54 persons with severe and moderate HB.¹³³ After achieving a stable FIX production, 52/53 participants (98%) discontinued prophylaxis, with an overall 97% reduction in mean annualized factor consumption. Up to a titer of 678, persons with (n=31) and those without (n=23) pre-existing AAV5 NAb behaved similarly as to FIX activity. Among the serotypes used as GT vectors, AAV5 has a least-conserved capsid sequence.^{134,135} Recognition and cross-neutralization by non-AAV5 NAb is less likely to occur.¹³⁶ Whether, due to low binding affinity or high *off* rates, NAb inhibiting *in vitro* AAV vector transduction, might not impede the *in vivo* effect should be explored.¹³⁷ The neutralizing potential of anti-AAV NAb deserves better understanding.¹³⁶

Both in mouse and nonhuman primates, imlifidase improves vector delivery in the context of pre-existing anti-AAV NAb.¹³⁸ Immunosuppression,^{139,140} plasmapheresis,¹⁴¹ serotype switch,¹⁴² inclusion of empty capsids (to serve as decoys),¹⁴³ novel vectors,^{6,130} and co-administration of rapamycin nanoparticles

with initial vector infusion to modulate the anti-AAV immune response,¹⁴⁴ need to be validated in non-human primates. The risk of increasing presentation of capsid proteins on hepatocytes causing loss of transduction inheres the infusion of empty capsids;¹⁴⁵ plasmapheresis does not decrease NAb titer below the threshold for infusion in persons with high-titer anti-rAAV antibodies,¹⁴¹ and only a transient effect is achieved in non-human primates by combining methylprednisolone, rituximab, mycophenolate mofetil, tacrolimus, and anti-thymocyte globulin.¹⁴⁰

NAb titers are low during the first year of age,^{130,146} and the immune system of toddlers makes GT administration in pediatrics theoretically advantageous.¹⁴⁷ Very young persons are a large proportion of the hemophilia population with inhibitors to FVIII.¹³³ However, the adult liver is 16 times heavier than the neonatal one.¹⁴⁸ Due to liver growth, a drawback in GT performed at early age would be the loss of efficacy occurring because of dilution of transduced hepatocytes. Moreover, the obvious difference in the blood volume between a five-year-old and a twenty-year-old hemophilia person argues for an increase in the amount of FVIII/FIX needed to maintain the plasma concentration of the factor. Due to the normal growth of both the liver and intravascular space, it is unlikely that a neonatal (or early in life) injection will suffice to provide sustained correction of the hemophilia phenotype. Therefore, vector re-administration should be envisaged for young PWHs during the phase of rapid liver growth (and/or PWHs with loss of expression over their lifetime). A gene-editing program that uses a CRISPR/Cas9-based *in vivo* genome-editing to enable chromosomal integration of a modified human B-domain-deleted FVIII at the albumin locus (to prevent the loss of AAV vector due to hepatocyte proliferation) in liver cells is currently pursued (ASC Therapeutics) to move towards durable treatment options in young persons with HA.^{149,150}

New standards, goals, open issues

Both in HA and HB, current data argue for AAV-based *in vivo* GT being successful to attain zero bleeds for years. Moreover, the estimated and observed risk of joint bleeding in HA persons that had undergone AAV-based *in vivo* GT reflects that of persons with mild-to-moderate HA.¹⁵¹ Reduction in bleeds re-

Table 1. Non-invasive tests to assess hepatic fibrosis in fatty liver disease.

Variables evaluated*	Rating the risk: algorithms		
	Low risk	Intermediate risk ^o	High risk
Non-invasive tests			
FIB4 index	<1.3	1.3-2.67	>2.67
AAR	<0.8	0.8-1	>1
NFS	<-1.455	-1.455-0.676 m	>0.676 m
TE	<8kPa	8-13kPa	>13kPa
MRE	(<2.5 kPa)	2.5-4 kPa	(>4 kPa)
Key clinical information	BMI<30, no MS	BMI≥30, MS	BMI>30, MS

FIB4, fibrosis-4; AAR, aldosterone-renin ratio; NFS, NAFLD fibrosis score; TE, transient elastography; MRE, magnetic resonance elastography; BMI, body mass index. *The following variables have been evaluated. *Person demographics*: age, sex, BMI, history of diabetes mellitus or of metabolic syndrome [≥ 3 of the following criteria: waist circumference >101.6 cm (men) or 88.9 cm (women), blood pressure >130/85 mmHg, fasting triglyceride level >150 mg/dL, fasting high-density lipoprotein cholesterol level <40 mg/dL (men) or 50 mg/dL (women), and fasting blood sugar >100 mg/dL]. *Routine blood tests*: alanine aminotransferase, aspartate aminotransferase, platelet counts, fasting plasma glucose, serum albumin. *Elastography data*: transient elastography, magnetic resonance elastography, and ultrasound-based shear wave elastography. The data on shear wave elastography are limited and not robust, especially in persons with alcoholic fatty liver disease.

^oMRE mandatory, liver biopsy needed.

Additional information in *Supplementary Material*.

duces hospitalizations, outpatient visits, and drug treatment.¹⁵² Thus, a persistent functionally efficacious transgene expression after a single GT treatment embodies a shift in the tendency to bleed and improves the QoL of HA persons. The pivotal phase 3 HOPE-B trial with etranacogene dezaparvec documented sustained FIX activity and bleed protection in HB participants with baseline FIX levels $\leq 2\%$. ABR was reduced by 64% ($p=0.0002$) compared with infusion-based prophylaxis, and 96% of participants ($p<0.0001$) withdrew prophylaxis.¹⁵³ Compared to the results obtained 6 months pre-GT, health-related QoL was significantly improved as early as one- and two-years post-infusion, using a variety of generic and disease-specific pre-defined person reported outcomes. Significant differences were found in trial participants for the Hem-A-QoL total score (-6.0; $p<0.0001$); for the treatment (-13.94; $p<0.0001$), feelings (-9.01; $p<0.0001$), future (-6.45; $p=0.0004$) and work/school (-5.21; $p=0.0098$) domains. PWH with ≥ 15 -point improvement ranged from 45.83% (95% CI: 31.37%, 60.83%) for treatment to 13.89% (95% CI: 4.67%, 29.50%) for family planning.¹⁵⁴ While it is presently unclear whether and to what extent GT can prevent new joint damage from occurring,¹⁵¹ person reported questionnaires in AAV-based *in vivo* GT with valoctocogene roxa-

parvec (Table 2), confirm and extend, in HA persons, the concepts summarized above for HB, and argue for such progress in HA largely depending on improvements in role functioning, and physical functioning.^{155,156} Newer patient-relevant and patient-reported outcomes should be used to establish efficacy in persons that have undergone AAV-based *in vivo* GT.

Ongoing observations also argue for the long-term efficacy (*i.e.*, durability) of valoctocogene roxaparvec for AAV-based treatment of HA being shorter than that of etranacogene dezaparvec-drlb in AAV-based *in vivo* GT for HB.^{82,133,151,157} Inherent to the decline in transgene expression is the fear of a progressive loss of treatment effect (*i.e.*, a relapse in the tendency to bleed). The World Federation of Hemophilia guidelines advise prophylaxis for moderate hemophilia persons (FVIII activity levels $\leq 5\%$) with a severe bleeding phenotype (*i.e.*, ≥ 2 treated bleeds in 6 months).¹⁵⁸ Accordingly, a bleeding tendency is expected when a person with HA who has undergone AAV-based *in vivo* GT exhibits circulating FVIII activity levels $< 5\%$ (*i.e.*, enters the moderate hemophilia range) and exhibits a severe bleeding phenotype (*i.e.*, ≥ 2 treated bleeds in 6 months).¹⁵⁹ The combination of clinical endpoints (two or more treated bleeds within 6 months), and an objectively measurable biomarker of

Table 2. Person reported outcomes questionnaires in gene therapy clinical trials for hemophilia A.

Study [Numbers of PWH studied]	Major finding(s)	Comments
Study 270-201: mean total HaemoQoL-score over time [6E13 vg/kg cohort (n=7)] [4E13 vg/kg cohort (n=6)]	Sustained improvement in QoL over 6 years, as measured by Haemo-QoL-A: <ul style="list-style-type: none"> • Consequences of bleeding • Emotional impact • Physical functioning • Role functioning • Treatment concern • Worry 	Other person reported outcomes questionnaires employed in gene therapy clinical trials for HA are: <i>EQ-5D-5L</i> : general questionnaire designed to measure health status. <i>HAL</i> (Hemophilia Activities List): questionnaire that measures the impact of HA on functional abilities in adults. <i>WPAI+ CIQ: HS</i> : (Hemophilia Specific Work Productivity and Activity Impairment plus Classroom Impairment Questions): questionnaire designed to measure effect of symptom severity on work productivity and activity/classroom impairment.
Study 270-301 (GENEr8-1): quality of life [134 enrolled participants]	104-week study with planned subsequent 4-year long-term follow-up By week 156, persons experience clinically meaningful and statistically significant improvement in Haemo-QoL-A total score and the following domains: <ul style="list-style-type: none"> • Physical functioning • Role functioning • Consequences of bleeding 	Improvements in scores reflect meaningful improvements in anxiety, pain and discomfort, ability to perform activities of daily living, social and family relationships.
Study 270-301 (GENEr8-1)q: predicting treated joint bleeds from FVIIIa activity [134 enrolled participants]	Count of treated joint bleeds and evaluation of FVIII activity (CSA and OSA, median). Follow-up divided into 4- or 6-week intervals for all 134 participants. Results compared to the estimate of treated joint bleeding rates and self-reported FVIII activity in 433 individuals. The relationship between transgene-derived FVIII activity the risk of joint bleeding reflect that reported with the use of epidemiologic data for persons with mild-to-moderate HA.	Relationship between count of joint bleeds and matched median FVIII activity was modeled using negative binomial regression.

PWH, persons with hemophilia; Haemo-QoL-A, Hemophilia-specific, health-related quality of life questionnaire for adults; HA, hemophilia A; FVIII, factor VIII; CSA, chromogenic assay; OSA, one-stage assay.

treatment effect (FVIII levels ≤ 5 U/dL) is indeed needed to establish the return to prophylaxis due to a *total loss of response* of GT. If only bleeds were considered, they could reflect lifestyle choices (*e.g.*, traumatic bleeds due to practicing sports). If only FVIII levels are considered, all persons that have $\leq 5\%$ would lose response: however, data from the GENER8-1 study (270-301) show that some PWH still have good hemostatic control when their endogenous FVIII levels are < 5 .⁸²

Both for HA and HB, after AAV-based *in vivo* GT, circulating FIX/FVIII activity levels rise rapidly, and rapidly decline before levelling off and entering the slower decline phase. Data from the 2-3 year follow-up of 55 HB participants from phase 2 b (NCT03489291; n=3) and 3 (NCT03569891; n=52) studies that received a single administration of etranacogene dezaparvovec for AAV-based *in vivo* GT, show that, regardless of pre-treatment AAV5 NAb status, they would likely be free from prophylaxis for 25.5 years (Frequentist and Bayesian linear mixed models).¹⁶⁰ As to HA, the maximum follow-up of the 270-301 (GENER8-1) study is 266 weeks (entire population, n=134 cases). For the BMN 270-201 study (where 7 HA persons received the licensed dose of 6x10¹³ vg/kg of valoctocogene roxaparvovec, *i.e.*, the same dose used in the GENER8-1 study) a 374-week follow-up is available. Combining the data of the two studies reduces uncertainty as to the time to loss of response to valoctocogene roxaparvovec. In an individual-level modelling, the response to BMN 270 is lost 12.8 years (mean, 9.8 years median) after dosing (Table 3).

Information on the risk of a relapse in the tendency to bleed is mandatory for payers to absorb the cost of the *cure* and define new financial models.¹⁶¹ However, durability predictions are based on statistical methods and *in vivo* results may dramatically

differ. Long-term data are thus expected to address the issue. On the other hand, additional information to compute the costs and uncertainties of this *cure* are poorly available: 1) *vis-à-vis* the request of upfront reimbursements for a single high-cost GT treatment, current reimbursement models of prophylaxis for PWH fit the yearly assessment of coverage, *i.e.*, both benefits and treatment costs are spread out over time, and 2) price of EHL FIX products,¹⁶² and of emicizumab and of EHL FVIII products,¹⁶³ vary from country to country in Europe (Tables 4 and 5). Overall, both for HA and HB, the durability issue ($\geq 5\%$ transgene FVIII/FIX expression) should be critical to define GT costs, and the latter should not exceed what each country is paying for FIX, FVIII, or for emicizumab.

Like in the nervous system,¹⁶⁴ nascent proteins are folded and secreted in the endoplasmic reticulum (ER). The unfolded protein response (UPR) pathway detects the conformity of protein folding in the ER lumen,¹⁶⁵ and transfers information to the nucleus to adjust the protein folding capacity or to induce cell apoptosis.¹⁶⁶ Function overload induced by a greater demand for

Table 3. Estimated duration of the effect of a dose of BMN 270.

Time elapsed after vector dose, years, (mean)	Loss of response (% of treated persons)
5	8.1
8	37.1
10	55.5
12.8 (9.4)	100 (total loss of response)

Additional information in *Supplementary Material*.

Table 4. Cost of prophylaxis with extended half-lives factor IX products for persons with hemophilia in Europe.

EU country (currency)	Product, cost/unit (list price)		
	Eftrenonacog alfa Alprolix®	Albutrepenonacog alfa Idelvion®	Nonacog beta pegol Refixia®
UK (£)	0.60	2.09	2.83
France (€)	0.96	1.71	NA
Italy (€)	1.38	2.20	2.20
Spain (€)	1.24	2.30	–
Germany (€)	1.47	1.41	1.70

NA, not available.

Calculations based on Burke *et al.*¹⁶⁷

Table 5. Five-year costs/person in Europe using emicizumab and efmoroctocog alfa (Fc-fusion FVIII).*

EU country	Emicizumab 1.5 mg/kg once weekly		rFVIII Fc 85.4 U/kg/weekly	
	Emicizumab list price (mg)	5-yr cost/person	rFVIII Fc list price (U)	5-yr cost/person
UK	80.51 £	2.532.404	0.89 £	1.500.408
France	77.13 €	2.420.730	0.65 €	1.095.435
Italy	55.07 €	1.734.174	0.65 €	1.095.435
Spain	76.70 €	2.404.307	0.59 €	994.318
Germany	64.66 €	2.048.088	0.53 €	893.201

Calculations (in persons with hemophilia ≥ 12 years of age) based on Mancuso *et al.*¹⁶⁸

*In addition to efmoroctocog alfa (Fc-fusion FVIII), a dramatic variability in costs is also documented for PEGylated EHL FVIII turoctocog alfa pegol and damoctocog alfa pegol.

protein folding, is involved in nervous system toxicities in non-human primates.^{164,167,168} Transgene expression in AAV-based *in vivo* GT in hemophilia is limited to a subset of liver cells. At variance with FIX (whose native site of production is the hepatocyte), the native site for FVIII production is liver sinusoidal endothelial cells, which differs from the AAV vector target cell. The role of stress-induced apoptosis in the loss of FVIII expression overtime is unclear so far.

Perspectives

No repeated dosing regimen of EHL or non-factor products currently employed suffices to allow persons to feel free from the fears and the obligations of HA and HB. Breakthrough bleeding may still occur regardless of prophylaxis, and treatment is still invasive, negatively affecting the QoL in PWH. The achieving of sustained transgene factor IX levels that exceed those at which bleeds occur in GT trials – both in skeletal muscle^{147,169} and in the circulation of HB persons undergoing AAV-based *in vivo* GT^{74,164} – suggested the promise of a long-lasting cure for the bleeding tendency in hemophilia.¹⁶⁴ A progressive rise in the proportion of PWH persons likely to benefit from AAV-based *in vivo* GT emerges from data collected over the last 3–4 years, and helps to establish whether, among newer options, AAV-based *in vivo* GT is likely to become the treatment of choice in HA and HB. Recent information also provides data on the durability of transgene expression, and new laboratory methods for early detection and long-term monitoring of transgene related FVIII and FIX levels. This is a key to predict side effects, and to manage/monitor unanticipated risks and complications in PWH receiving rAAV-based *in vivo* GT.⁶² Overall, a paradigm shift is underway that may change the treatment landscape and the structure of hemophilia Centers. *Curative levels* (i.e., ≥ 15 –20 U/mL) does not equal to *normal levels* (≥ 50 U/mL of FVIII/FIX).¹⁷⁰ This poses unique challenges to the “former severe hemophilia person and his care team. In this context, the sense of a *normal life* for PWH (and the setting of a new PWH-physician alliance) should stem from the awareness of the distinctive circumstances of the person (resources, culture, personality, behavior) and of his environment (family, friends, community, religion).¹⁷¹ For stable solutions of unsolved issues of AAV-based *in vivo* GT, gene editing,¹⁵⁴ and antisense approaches,¹⁷² are expected to complement gene augmentation. Together with a program in young persons with HA,^{154,155} proof of concept of F9 gene editing has been tested in NHP models to allow GT treatments to provide a lifetime cure to PWH.¹⁷³ Although FDA requires all persons receiving any lentiviral vector for gene-editing to be followed for 15 years, this prospect is supported by the circumstance that none of those treated with newer lentivirus vectors for transfusion-dependent β -thalassemia (included children) has developed any leukemia or myelodysplastic syndrome following GT.¹⁷⁴

Despite that progress in the area, the liberating potential of this transformative strategy on individuals for whom long-lasting cure has been inaccessible so far, still is to be fully recognized by government bodies. This is a pre-requisite for reimbursement agencies (to compute uncertainties and to absorb the cost of a *cure* for persons with chronic congenital diseases e.g., hemophilia). To what extent the expense for AAV-based *in vivo* GT in PWH justi-

fies a reduction in life-time costs for prophylaxis and hospitalizations implies a new sense for the *therapeutic success* model. A concerted action of health care professionals, PWH and their associations, pharmaceutical companies, researchers, and other stakeholders is needed for *ad hoc* educational programs to improve the perception of the advantages of a potentially one-off cure.¹⁷³ At least in the early stages, the affordability and sustainability of GT should also consider risk mitigation and coverage of specific treatment-associated issues. Because of the unusual delivery and monitoring, GT treatment is limited to centers with multidisciplinary, well-trained teams that hold the equipment and the ability for the intervention and the access to baseline and follow-up visits (centers of excellence). In most countries, ability for AAV-based *in vivo* GT is limited to very few centers. Persons with chronic diseases, (e.g., hemophilia) develop high confidence in their referring centers and may not wish to move to a new center. Ensuring active interactions between referring and dosing centers is critical for health equity.

Hemophilia – the most common inherited chronic disorder of blood coagulation (prevalence: 17.1 cases/100,000 males) – is estimated to affect 500,000 people globally.¹³ The hope that GT will allow persons to achieve stable clotting factor expression and protect from spontaneous bleeding for years is critical for PWH living in low-income countries (350,000 persons, i.e., $\sim >3/4$ of the whole PWH population). Mortality due to severe bleeding (e.g., intracerebral bleeding) or to bleeding becoming severe (e.g., bleeding linked with circumcision in the absence of appropriate measures), is thought to explain the discrepancy between the expected (according to the population) vs. the observed number of PWH in low-income countries.¹⁷⁵ While the goal of a uniform progress in hemophilia handling is recommended as a key objective of future studies of AAV-based *in vivo* GT,¹⁷¹ the technical complexity of the treatment argues against protocols for the advanced treatment of hemophilia being applicable where the greatest demand for AAV-based *in vivo* GT for this monogenic disease lies (i.e., low-medium income countries).¹⁷⁶ Improving diagnosis and medical reviews by promoting centers for patient management and quality programs for treaters (to regiment GT treatment) in low-medium income countries should be an obvious direction for pharmaceutical companies to strengthen their investments for ATMPs.

In high-income countries, aligning the interests of health systems and pharmaceutical companies appears as a key issue with respect to the therapeutic readiness of ATMPs. Due to the high costs to the person (€ 1.11 million for an average adult); the rarity of the disease (congenital lipoprotein-lipase deficiency, prevalence: 1 per million livebirths), and the expense to maintain therapeutic readiness by the company, GlyberaTM (the first approved GT in Europe) has been withdrawn from the market in 2018. At that time, only 31 people in the world had been treated with this ATMP. StrimvelisTM (γ -retroviral transduction of hemopoietic stem cells) is the first GT product for treatment of adenosine deaminase deficiency causing severe combined immuno-deficiency (ADA-SCID).¹⁷⁷ Since, according to the company, the current cost of the product (€ 594,0000 for an average adult) does not guarantee a return of investment, the EMA has authorized the non-profit association TELETHON to produce and commercialize StrimvelisTM to prevent troubles for patients due to the risk of arrest of StrimvelisTM commercialization in Europe. Same threat also emerged for ZyntegloTM for GT treat-

Table 6. Durability and costs (for an average adult) of some approved advanced therapy medicinal products for rare diseases.

Product	Durability	Treatment costs	Comparator	Disease/comments	References*
Strimvelis TM	5 years (mean 2.4-15.4)	€ 594,0000 or \$ 650,000	The price tag cost does not guarantee a return of investment (company policy)	Adenosine deaminase deficiency causing severe combined immuno-deficiency	179
Zynteglo TM <i>betibeglogene autotemcelor beti-cel etibe</i>	Lifelong efficacy	€ 1,650,000 or \$ 1,900,000	Savings in supportive care for 50 years of thalassemia-free survival	Transfusion-dependent severe β -thalassemia. [#] Marketing authorisation withdrawn at the request of the marketing-authorisation holder	178
Glybera TM <i>Alipogene tiparvovec</i>	6 years	€ 1.11 million	Affordable when compared to yearly costs of the alternatives: small molecule drugs, monoclonal antibodies, enzyme replacement therapy	Congenital lipoprotein-lipase deficiency. Withdrawn from the market due to economic concerns (2018) [§]	180
Luxturna TM <i>Voretigene Neparvovec</i>	4-7.5 years [^]	\$ 850,000	Difficult to put a price on regaining vision	Leber's congenital amaurosis. Criticisms for the high price tag (\$ 425,000/eye)	181, 182
Zolgensma TM <i>Onasemnogene abeparvovec</i>	7.5 years	\$ 2.1 million for children weighing 13.5-21 kg	Lower cost compared to Spinraza: \$ 750,000 first year \$ 375,000 annually for life [@]	Spinal muscular atrophy. The world's most expensive drug on the market: \$ 425,000/yr for 5 years	183, 184

*Rather than to a total loss of response of GT, durability refers here to what has been observed and published to date. Please refer also to Muhuri *et al.*¹⁸⁵

[°]Autologous CD34+ enriched cell fraction containing CD34+ cells transduced with retroviral vector that encodes for the human adenosine deaminase (ADA) cDNA sequence from human haematopoietic stem/progenitor (CD34+) cells.

[#]The incidence of transfusion-dependent severe β -thalassemia rates 15.9 cases/100,000 newborns in the Northern Mediterranean coast (*i.e.*, in Europe, where significant health infrastructures are available); 31.4/100,000 newborns in the Eastern coast; and 36.8 per 100,000 newborns in the Southern coast.

[§]The rarity of the inherited deficiency (prevalence: 1 per million livebirths), the cost to the person, and the expense to maintain therapeutic readiness by the Company made it very difficult to continue gene delivery commercially.

[>]75% of the functional protein expressed.

[@]The only alternative treatment approved for spinal muscular atrophy.

ment of persons with transfusion-dependent severe β -thalassemia (TDT).¹⁷⁸ Based on the savings in supportive care that 50 years of hypothetical thalassemia-free survival would represent, the manufacturer asked for a price tag of €1,650,000 or \$1,900,000, which makes the cost of ZyntegloTM 3 times higher than the current standard of care of TDT (allogeneic hematopoietic stem cell transplantation),¹⁷⁸ and makes its use too expensive for payers even in many high-income countries. Criticism for the high price tag and the rationale behind it (difficult to put a price on regaining vision) has been raised for the cost of LuxturnaTM for the treatment of Leber's congenital amaurosis disease. As to ZolgensmaTM for spinal muscular atrophy (SMA), its costs have been claimed to be lower compared to the price of SpinrazaTM – the alternative cure approved for this neuromuscular disease (Table 6).¹⁷⁸⁻¹⁸⁵ Price per patient of etranocogene dezaparvovec for AAV-based *in vivo* GT treatment for HB is €1,500,000,¹⁸⁶ that of valoctocogene roxaparvovec for GT treatment of HA is \$900,000.¹⁸⁷ Tailored approaches to product pricing (*e.g.*, costs similar/cheaper than the global costs of current lifetime treatments; varied pricing in different countries) and economic models other than value-based pricing (*e.g.*, payment systems based upon costs of goods) are assumed to enable the commercialization of ATMPs and the advanced treatment of rare diseases in low-medium income countries. A partnership to align the interests of pharmaceutical companies and health systems, under the auspices of key scientific societies, is expected to be vital to this end. In parallel, guidelines that encompass the World Health Organization may simultaneously pledge both govern-

ments and the communities they serve to match regulatory frameworks and provide to supervisors a path to control the efficacy and safety, and to advance the suitability of ATMPs therapies.¹⁷⁶ Yet, bridging the gap between the promise of approved ATMPs and their readiness to those who may maximally benefit of them is a challenging task that calls for more intensive efforts to be made.^{188,189}

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