

The intriguing association between cancer and congenital bleeding disorders

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Dear Editor,

The relationship between congenital bleeding disorders and cancer is complex and multifactorial. Some disorders, such as hemophilia, can increase the risk of developing certain cancers.¹ In von Willebrand disease (VWD), solid tumors and lymphoproliferative disorders are reported, but their association with cancer is still not well-established.^{2,3} No data are available for other rarer conditions (e.g., FVII, FXIII, or platelet function disorders). Hemophilia patients may have an increased risk of liver cancer and Hodgkin's disease due to chronic inflammation and cell damage from repeated bleeding episodes and replacement therapy.⁴ Historically, hemophilia treatment involved plasma-derived products, posing significant risks of contracting Human Immunodeficiency Virus (HIV) and Hepatitis C Virus (HCV), especially before the

development of recombinant clotting factors.⁵ In the seventies and eighties, many hemophilia patients were treated with plasma-derived products, some of which were contaminated, leading to HIV and HCV infections and serious health complications.⁶ These infections had severe consequences, including Acquired Immune Deficiency Syndrome (AIDS) and chronic hepatitis C, and increased cancer risks, such as non-Hodgkin's lymphomas and hepatocellular carcinomas (HCC).⁶⁻¹² Miesbach *et al.* found that older adults with HIV had a four times higher cancer prevalence than the general population, excluding HCC.¹³ The incidence of HCC is notably higher in hemophilia patients, primarily due to HCV infection, necessitating regular liver disease screening and a multidisciplinary treatment approach.^{6,7} Indeed, cirrhosis is also a risk factor associated with HCC for patients with hemophilia. In particular, the incidence of HCC was found to be 3.2 per 100,000 patient/years, 30 times higher than in the general population.¹⁴ Patients with cirrhosis from any etiology are at high risk for HCC, with an annual incidence ranging from 1% to 4%.¹⁵ Excluding virus-related factors, the literature presents conflicting results on cancer mortality in hemophilia patients.⁷ Huang *et al.* conducted a nationwide analysis of cancer occurrence and survival in patients with hemophilia (PWH) from 1997 to 2010. They found that PWH had a higher cancer incidence, including hepatocellular carcinoma, than the general population. Still, the survival times were similar to those of the general population after cancer diagnosis.¹⁶ The incidence and survival of cancers among PWH in Taiwan are increasingly affected by age-related diseases. Darby *et al.* found that mortality from liver cancer and Hodgkin's disease was significantly higher in the UK hemophilia population compared to the general population, with no increased mortality from other cancers.⁴ In 2021, Hassan *et al.* reported improved survival rates for hemophilia patients in the Netherlands, but still lower than the general population (SMR: 1.4).¹⁷ Previously, a Dutch cohort study found that malignant neoplasms accounted for 22% of deaths from 1992 to 2001, with a high risk of death from hepatocellular carcinoma (SMR: 1.5).¹⁸ The Italian Association of Hemophilia Centers (Associazione Italiana Centri Emofilia - AICE) survey indicated that non-virus-related cancers are less common in severe hemophilia patients than in milder forms.⁵ From 2001 to 2018, non-hepatic malignancies (26%) and intracranial bleeding (14%) were frequent causes of death in hemophilia patients, while AIDS (2%), chronic liver disease (7%), and HCC (7%) were less frequent.¹⁷

As the life expectancy of PWH rises, they face an increased risk of age-related conditions, including cancer. While PWH generally does not have a higher cancer risk than the general population, those with HIV or hepatitis infection may face elevated risks. Patients with congenital bleeding disorders often undergo hemostatic therapies that can influence tumor risk. However, long-term

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clotting factor concentrate treatment can intensify thrombin-induced metastases, or replacement dosages may be too low to generate such an effect.¹⁶ Hemophilia treatments, particularly blood transfusions and clotting factor replacement therapy, may increase cancer risk due to exposure to blood products.¹⁹ Anticoagulants have been studied for their potential anticancer effects.^{20,21} Experimental *in vitro* studies, such as those by Bruggemann *et al.* and Langer, using a mouse model of hemophilia A, showed that factor VIII replacement increased lung metastases. At the same time, thrombin inhibitors reduced it, highlighting thrombin's role in tumor spread.^{22,23} In patients with cancer and congenital bleeding disorders, regular screenings and coordinated care involving hematologists, oncologists, and other specialists are crucial for optimal health management. Survival outcomes depend on factors such as age, early diagnosis, treatment choices, and effective management of bleeding disorders.

Careful evaluation by specialists is essential for any invasive procedures or chemotherapy in PWH with cancer to minimize bleeding risks. Integrating personalized treatments and collaborative care models is vital to optimize management strategies and enhance patient well-being. Early cancer detection is crucial for better prognosis and reduced mortality, and prophylaxis is recommended for patients not already on it to mitigate bleeding risks during treatments. Although the average age of life cancer diagnoses in hemophilia increases,²⁴ there is no evidence of an increased incidence of malignancies in hemophilia patients compared to the general population. The hypothesis that severe congenital bleeding disorders may protect against cancer is intriguing but remains unproven and requires further investigation.

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