# Interaction between adenosine diphosphate receptors and protein-kinase C isoforms in platelet adhesion under flow condition

Boris Shenkman,<sup>1</sup> Ivan Budnik,<sup>2</sup> Yulia Einav<sup>3</sup>

<sup>1</sup>National Hemophilia Center, Sheba Medical Center, Ramat Gan, Israel; <sup>2</sup>Department of Pathophysiology, Sechenov First Moscow State Medical University, Moscow, Russian Federation; <sup>3</sup>Faculty of Engineering, Holon Institute of Technology, Holon, Israel

#### ABSTRACT

Adenosine diphosphate (ADP) receptors and protein-kinase C (PKC) isoforms play different role in platelet activity. In the present study, whole blood platelet adhesion at 200 - 1800 s<sup>-1</sup> shear rates was investigated by Impact-R system, measuring percent of surface

Correspondence: Yulia Einav, Faculty of Engineering, Holon Institute of Technology, Holon, Israel. Tel./Fax: +972.35026769. E-mail: yulia\_e@hit.ac.il

Citation: Shenkman B, Budnik I, Einav Y. Interaction between adenosine diphosphate receptors and protein-kinase C isoforms in platelet adhesion under flow condition. Bleeding, Thrombosis, and Vascular Biology 2023;2:51.

Key words: Platelet adhesion; ADP-receptors; PKC isoforms.

Contributions: BS, YE, conceptualization and writing the original draft; IB, study design; YE, IB, review and editing; BS, IB, performed experiments; BS, IB, YE, data interpretation; IB, statistical analysis and preparation of figures; YE, supervision. All authors have read and agreed to the published version of the manuscript.

Conflict of interest: The authors declare no potential conflict of interest.

Ethical approval: The study has been approved by the local Ethics Committee of the Sheba Medical Center, Israel, and each volunteer signed a written informed consent in accordance with the Declaration of Helsinki.

Informed consent: Informed consent was obtained from all subjects involved in the study.

Availability of data and material: Data and materials are available by the authors.

Received for publication: 24 August 2022. Accepted for publication: 18 January 2023.

Publisher's note: All claims expressed in this article are solely those of the authors and do not necessarily represent those of their affiliated organizations, or those of the publisher, the editors and the reviewers. Any product that may be evaluated in this article or claim that may be made by its manufacturer is not guaranteed or endorsed by the publisher.

<sup>©</sup>Copyright: the Author(s), 2023 Licensee PAGEPress, Italy Bleeding, Thrombosis and Vascular Biology 2023; 2:51 doi:10.4081/btvb.2023.51

This work is licensed under a Creative Commons Attribution-NonCommercial 4.0 International License (CC BY-NC 4.0). coverage (SC) by platelets. Gradual heightened shear rate paralleled increase of platelet adhesion. At relatively low shear (200 and 1000 s<sup>-1</sup>) blockade of neither P2Y<sub>1</sub> receptor nor P2Y<sub>12</sub> receptor (by A2P5P and 2MeSAMP, respectively) affected SC. At high shear rate (1800 s<sup>-1</sup>) reduction of SC was observed by 2MeSAMP. Treatment of blood with PKC $\delta$  inhibitor (rottlerin) but not PKC $\alpha$ , $\beta$  inhibitor (Gö6976) diminished platelet adhesion. Among all the agents, only combination of 2MeSAMP and rottlerin used at subthreshold concentrations was able to inhibit platelet adhesion under high shear condition. We suggest that platelet agonist-induced P2Y<sub>12</sub> and PKC $\delta$  signaling essentially stimulates platelet adhesion under flow condition, the important initiating step of thrombin formation.

### INTRODUCTION

Adenosine diphosphate (ADP) activates human platelets via concomitant engagement of G-protein-coupled P2Y<sub>1</sub> and P2Y<sub>12</sub> receptors.<sup>1,2</sup> The P2Y<sub>1</sub> receptor triggers the mobilization of calcium from internal stores, which results in platelet shape change and weak, transient aggregation in response to ADP.<sup>3</sup> The P2Y<sub>12</sub> receptor plays a central role in platelet activation, agonist-induced dense granule release and pro-coagulant activity.<sup>4</sup> Accordingly, P2Y<sub>12</sub> receptor antagonists were reported to be clinically effective in the prevention of myocardial infarction, ischemic stroke, and vascular death,<sup>5,6</sup>

Downstream of these receptors activation, various signal transduction pathways are involved, among them an important role play protein kinases C (PKC). PKC isoforms are divided to classic and novel groups.<sup>7</sup> Human platelets possess both classic (PKC $\alpha$ , PKC $\beta$ ) and novel PKC $\delta$  isoforms.<sup>8</sup> PKC isoforms play different roles in ADP signaling.<sup>9,10</sup> The role of PKC isoforms in ADP-induced platelet function and vice versa is not fully understood.

Many studies regarding platelet agonists and inhibitors were performed with washed platelets or platelet-rich plasma (PRP) under static conditions. The known limitations of these methods can be overcome by using whole blood and engagement of flow.

In the present study, we investigated the interaction between ADP receptors and different PKC isoforms in platelet deposition under flow conditions.



### MATERIALS AND METHODS

#### Study population and blood preparation

Our study included 46 healthy volunteers who had not taken medications known to affect platelet function for at least 10 days before blood sampling. Peripheral vein blood was collected in polypropylene tubes using a 21G butterfly needle and a vacutainer system. The first 2 ml of blood were discarded, and the second portion of 4.5 ml blood was drawn into tubes containing 3.2% sodium citrate in an anticoagulant/blood ratio of 1:9. PRP was separated from pack cells following centrifugation of native blood for 10 min at 160g. The following ADP receptor antagonists were used: A2P5P (20-200 µM) against P2Y1 and 2MeSAMP (20-160 µM) against P2Y<sub>12</sub>.<sup>3,11</sup> PBS served as a vehicle in experiments with ADP inhibitors. The following PKC inhibitors were used: 0.2-1 µM Gö6976, 1-5 µM rottlerin and 2-10 µM D-erythrosphingosine against PKC $\alpha$ ,  $\beta$ , PKC $\delta$ , and pan-PKC, respectively.12-15 DMSO was the vehicle for PKC isoform antagonists, as they do not dissolve in PBS. PRP samples were pre-incubated with all inhibitors for 10 min. Whole blood reconstitution was performed adding PRP to pack cells in a ratio equal to their volumes following blood centrifugation.

#### Impact-R test

This method is based on the use of polystyrene surface for platelet deposition under shear stress (DiaMed, Cressier, Switzerland).<sup>16</sup> Recently, it has been shown that fibrinogen and von Willebrand factor are precipitated from blood and



**Figure 1.** Dose-depending effect of A2P5P and 2MeSAMP on platelet deposition under flow conditions PRP was pre-incubated with PBS (control, white columns) and increasing concentrations of A2P5P (solid lines) and 2MeSAMP (dashed lines) for 10 min, then mixed with autologous packed cells to reconstitute whole blood and subjected to Impact-R test for 2 min at 1800 s<sup>-1</sup> shear rate. The median surface coverage (SC) ( $25^{th}$ - $75^{th}$  percentile) is presented. \*P<0.01 vs. control (n=8).

thereby serve as platform for subsequent platelet adhesion onto polystyrene.<sup>17</sup> Reconstituted blood samples (130 ml) were placed into polystyrene wells for two min and subjected to flow at defined shear rates. The wells were then thoroughly washed, stained with May-Grünwald stain, and analyzed by the Impact-R image analysis system.

#### Statistical analysis

Statistical analysis was performed with IBM SPSS Statistics (version 23.0; IBM Corp., USA). The data of SC by adhered platelets were presented as median and inter-quartile range (IQR). Multiple group comparisons were performed by Kruskal–Wallis ANOVA followed by post hoc Dunn's Q test. Two-tailed P values of less than 0.05 were considered statistically significant.

### RESULTS

## Dose-dependent effect of A2P5P and 2MeSAMP on platelet adhesion

Preliminary experiments in this study showed that platelet adhesion intensity was just the same using native and reconstituted blood, suggesting that even if red blood cells release some amount of ADP during blood centrifugation and reconstitution of whole blood, this does not affect platelet adhesion. Platelet adhesion at shear rate of 1800 s<sup>-1</sup> was chosen according to previously found as optimal reflecting arterial blood flow in our model.15 Incubation of platelet-rich plasma (PRP) with A2P5P (P2Y<sub>1</sub> antagonist) at concentrations from 20 mM up to 200 mM did not change the rate of platelet deposition in reconstituted blood (Figure 1). In contrast, 2MeSAMP significantly decreased SC compared to blood without inhibitors [from 11.5% (10.0-13.8%) to 8.0 (7.9-8.7%, P<0.5) at 40 mM and 7.2% (6.8-7.7%, P<0.01) at 80 mM 2MeSAMP]. This effect did not change at 160 mM compared to 80 mM. A2P5P at 100 mM and 2MeSAMP at 80 mM were chosen for subsequent experiments.

# Effect of A2P5P and 2MeSAMP on platelet adhesion at different shear rate

At static conditions limited number of platelets adhered (Figure 2). Gradual increase of platelet adhesion was observed at shear rates of 200, 1000 and 1800 s<sup>-1</sup>. However, no inhibitor was able to affect platelet deposition at low (200 s<sup>-1</sup>) and intermediate (1000 s<sup>-1</sup>) shear rate. In contrast, substantial reduction of platelet deposition was observed by 2MeSAMP at1800 s<sup>-1</sup> (SC 7.2% (6.8-7.7%). Despite the lack of inhibitory effect of A2P5P alone, the combination of both drugs had an additive effect on platelet adhesion, further decreasing SC to 5.5% (5.0-6.0% compared to 2MeSAMP alone, P<0.01).

#### Role of PKC isotypes in platelet adhesion

At high shear (1800<sup>-1</sup>) among the PKC inhibitors, Derythro-sphingosine and rottlerin reduced SC from 11.0% (10.0-13.0%) in control to 4.2% (3.7-7.1%, P<0.001) and 7.3% (5.7-7.6%, P<0.01), respectively, whereas Gö6976 did not affect platelet adhesion (Figure 3A). In the following experiments, interaction between the ADP and PKC antagonists was assayed. For this purpose, the agents were used at subthreshold concentrations, just at 20% of the concentrations used above. As expected, the inhibitors used separately did not affect platelet adhesion (Figure 3B). In contrast, the combination of 2MeSAMP with D-ervthrosphingosine reduced SC to 6.0% vs. D-erythro-sphingosine alone (9.6%, P<0.01), and that of 2MeSAMP with rottlerin reduced SC to 7.4%, vs. rottlerin alone (10.2%, P<0.05). Platelet adhesion was not changed by concomitant blood treatment with 2MeSAMP and Gö6976.

### DISCUSSION AND CONCLUSIONS

The aim of this study was to evaluate the role of  $P2Y_1$ and  $P2Y_{12}ADP$  receptors as well as  $PKC\alpha\beta_1$  and  $PKC\delta$  isoforms in platelet adhesion under shear flow conditions. The study employed the Impact-R device measuring whole blood platelet adhesion to a polystyrene surface, where fib-



Figure 2. Shear rate-dependent effect of A2P5P and 2MeSAMP on platelet adhesion PRP was pre-incubated with PBS (control, white columns), 100 mM A2P5P, 80 mM 2MeSAMP or both inhibitors in combination for 10 min, then mixed with autologous packed cells to reconstitute whole blood and subjected to the Impact-R test at the indicated shear rates for 2 min. The median surface coverage (SC) ( $25^{th}-75^{th}$  percentile) is presented. \*P<0.01, \*\*P<0.001 represents difference *vs.* PBS-treated samples (n=8).



**Figure 3.** Role of PKC isotypes in platelet adhesion under flow. A) Modulation of platelet deposition by inhibitors of PKC isotypes. PRP samples were pre-incubated for 10 min with a vehicle (0.33% DMSO), 10mM D-erythro-sphingosine (D-Sphing.), 5  $\mu$ M rottlerin and 1  $\mu$ M Gö6976.<sup>14-18</sup> Whole blood reconstitution was performed, and the samples were subjected to the Impact-R test for 2 min at 1800 s<sup>-1</sup> shear rate. The median surface coverage (SC) is presented. \*P<0.05 and \*\*P<0.01 vs. control (n=10). B) Combined effect of subthreshold concentrations (20% of those used above) of P2Y<sub>12</sub> and of PKC isotype antagonists on platelet deposition. PRP was pre-incubated for 10 min with 16  $\mu$ M 2MeSAMP in the presence or absence of 2  $\mu$ M D-erythro-sphingosine, 1 $\mu$ M rottlerin, and 0.2  $\mu$ M Gö6976. Whole blood reconstitution was performed, and samples were subjected to the Impact-R test for 2 min at 1800 s<sup>-1</sup> shear rate. The SC median (25<sup>th</sup>-75<sup>th</sup> percentile) is presented. \*P<0.05, \*\*P<0.01 vs. control, #P<0.01 and ##P<0.001 vs. 2MeSAMP (n=10).

rinogen and von Willebrand factor were bound to polystyrene preceeding platelet adhesion.<sup>17</sup> We found that P2Y<sub>1</sub> and P2Y<sub>12</sub> inhibitors (A2P5P and 2MeSAMP, respectively) failed to affect platelet deposition at both static and relatively low shear conditions (200 and 1000  $s^{-1}$ ). In contrast, at high shear rate (1800 s<sup>-1</sup>) inhibition of  $P2Y_{12}$  but not P2Y<sub>1</sub> was followed by reduction of platelet adhesion. Despite the lack of the effect of A2P5P alone, synergistic inhibition has been achieved by combining A2P5P with 2MeSAMP. These data show that among the two ADP receptors, the main player promoting platelet deposition is the  $P2Y_{12}$  receptor. The results of this study agree with the data that both P2Y<sub>1</sub> and P2Y<sub>12</sub> inhibitors retarded blood clotting induced by collagen-related peptide.18 This effect was most pronounced with the P2Y12 inhibitor. Turner and collaborators reported that both P2Y1 and P2Y12 antagonists inhibited platelet adhesion onto von Willebrand factor-collagen surface under shear rates of 750 and 1500 s<sup>-1.19</sup> We have shown that blockade of P2Y12 was also more effective than P2Y<sub>1</sub> The applied concentrations of ADP antagonists in our study were higher than in other studies. However, it must be taken into consideration that the effective concentrations of such agents depend on the different experimental models including static or flow conditions, as well as on the use of washed platelets, platelet-rich plasma or whole blood, and on the extent of shear rate.

It is well known that protein kinase C isoforms play an important role in platelet granule secretion, activation, aggregation, and procoagulant activity. In the present study we used inhibitors of PKC $\alpha\beta_1$  (Gö6976), PKC $\delta$  (rottlerin), as well as the pan-PKC inhibitor (D-erythro-sphingosine) to explore their role in platelet adhesion under flow conditions. We showed that PKC $\delta$ , but not PKC $\alpha\beta$  is responsible for the reduction of platelet deposition. This is consistent with the data that PKC $\delta$  signaling is required for platelet aggregation.<sup>20</sup> Furthermore, novel but not conventional PKC isoforms regulate P2Y<sub>12</sub> function in experiments in which PKC was directly activated by phorbol ester 12myristate 13-acetate.<sup>10</sup> We show here that at subthreshold concentrations (20% of those used above), combination of P2Y<sub>12</sub> blocker with either PKCS or pan-PKC antagonists synergistically diminished platelet adhesion. We suggest that applying both inhibitors at low concentrations rather than separately at relatively high concentrations, may be useful in experimental or even in clinical studies. The results of our study show that  $P2Y_{12}$  and PKC $\delta$  play an important role in shear stress-induced platelet adhesion, the initial step of thrombin formation.

#### REFERENCES

- 1. Burnstock G. Blood cells an historical account of the roles of purinergic signaling. Purinergic Signal 2015:11;411-4.
- 2. Yanachkov IB, Chang H, Yanachkova MI, et al. New highly

active antiplatelet agents with dual specificity for platelet  $P2Y_1$  and  $P2Y_{12}$  adenosine diphosphate receptors. Europ J Med Chem 2016;107:204-8.

- Hechler B, Léon C, Vial C, et al. The P2Y<sub>1</sub> receptor is necessary for adenosine 5'-diphosphate-induced platelet aggregation. Blood 1998;92:152-9.
- Kunapuli SP, Dorsam RT, Kim S, et al. Platelet purinergic receptors. Curr Opin Pharmacol 2003;3:175–80.
- Oliphant CS, Doby J B, Blade CL, et al. Emerging P2Y12 receptor antagonists: role in coronary artery disease. Curr Vasc Pharmacol 2010;8:93-101.
- Machal J, Hinomaz O. Efficacy of P2Y12 receptor blockers after myocardial infarction and genetic variability of their metabolic pathways. Curr Vasc Pharmacol 2019;17:35-40.
- Mellor H, Parker PJ. The extented protein kinase C superfamily. Biochem J 1998;332;281-92.
- Harper MT, Poole AW. Diverse functions of protein kinase C isoforms in platelet activation and thrombus formation. J Thromb Haemost 2010;8:454-62.
- Unsworth AJ, Smith H, Gissen P, et al. Submaximal inhibition of protein kinase C restores ADP-induced dense granule secretion in platelets in the presence of Ca<sup>2+</sup>. J Biol Chem 2011;286:21073-82.
- Mundell SJ, Jones ML, Hardy AR, et al. Distinct roles for protein kinase C isoforms in regulating platelet purinergic receptor function. Mol Pharmacol 2006;70:1132-42.
- Xiang B, Zhang G, Ren H, et al. The P2Y(12) antagonists, 2MeSAMP and cangrelor, inhibit platelet activation through P2Y(12)/G(i)-dependent mechanism. PLoS One 2012;7; e51037.
- Koivunen J, Aaltonen V, Koskela S, et al. Protein kinase C alpha/beta inhibitor Go6976 promotes formation of cell junctions and inhibitors invasion of urinary bladder carcinoma cells. Cancer Res 2005;64:5693-701.
- Bong KA, Se KJ, Hee SK, et al. Rottlerin, a specific inhibitor of protein kinase C-delta, impedes barrier repair response by increasing intracellular free calcium. J Invest Dermatol 2006;126:1348-55.
- Lee TH, Chen JL, Liu PS, et al. Rottlerin, a natural polyphenol compound, inhibits upregulation of matrix metalloproteinase-9 and brain astrocytic migration by reducing PKC-δ-dependent ROS signal. J Neuroinflammation 2020;17:177.
- Pham VT, Joo JE, YS, et al. A concise synthesis of a promising protein kinase C inhibitor: D-erythro-sphingosine. Arch Pharmacol Res 2007;30:22-7.
- Shenkman B, Einav Y, Salomon O, et al. Testing agonist-induced platelet aggregation by the Impact-R [Cone and Plate(let) analyzer (CPA)]. Platelet 2008;19:440-6.
- Zhang M, Wu Y, Hauch K, Horbett TA. Fibrinogen and von Willebrand factor mediated platelet adhesion to polystyrene under flow conditions. J Biomater Sci Polym 2008;19: 1383-410.
- Ramstrom S, Ranby M, Lindahl TL. Effects of P2Y(1) and P2Y(12) on whole blood clotting, coagulum elasticity and fibrinolysis resistance studied with free oscillation rheometry. Thromb Res 2003;109:315-22.
- Turner NA, Moake JL, McIntire LV. Blockade of adenosine diphosphate receptors P2Y12 and P2Y1 is required to inhibit platelet aggregation in whole blood under flow. Blood 2001;98:3340-5.
- Yacoub D, Theoret JF, Villneuve L, et al. Essential role of protein kinase C delta in platelet signaling, alpha IIB beta 3 activation, and thromboxane A<sub>2</sub> release. J Biol Chem 2006;281: 30024-35.